

Year Plan													
Name of the Institution:			MNR RURAL PG COLLEGE OF EDUCATION, SANGAREDDY										
Month			JANUARY 2025 TO DECEMBER 2025 Time: 2.30 pm to 3.30 pm										
S No	Date	Duration	Timings		Activity Type	Activity Name	Subject Topic Name	Activity Description (Theme)	Participants Details	Resource Person Details	Objective of the Program	Activity Location	Expected Outcomes
1	06.01.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Discussion	Moral Values	Discussion about the values with students		G Satyananda Reddy	To develop the awareness about Moral Values in the Society	CLASS ROOM 1	To develop Honesty and Trust worthy towards the people
2	08.01.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Rangoli Compition	Pongal Celebrations	Understanding culture and its role in success of life		M Bhagyasheela	To impart cultural values	CLASS ROOM 1	Respecting Culture
3	20.01.2025	1.00 HR.	2.30 PM	3.30 PM	Placement / Career Guidance	Lecture	Time Management	Prioritization Goal setting planning & scheduling focus on productivity Deligation, work life balance		D Parvathee Pathi	To enhance participatarting skills in effectively manage their time, preoritizing tasks, and setting goals.	CLASS ROOM 1	improved understanding of time managed motivation to Time Management.
4	22.01.2025	1.00 HR.	2.30 PM	3.30 PM	Personality Development / Communication Skills	Seminar	"Developing Personality and Skills for Effective Teaching"	" The interconnection of personality & teaching skills		S Anuradha	" To Know the how to improvement of Personality & Teaching skills".	CLASS ROOM 1	Will be improved Personality & teaching skills
5	28.01.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	BrainTeasers	Mathematical Brain Teasers	Write Brain Teasers on Chart		S Srinivas	To develop logical thinking	CLASS ROOM 1	It sharpens the mind with brin Teasers
6	29.01.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Media	Mass Media & Print Media	To Improve Self and Group Activities in societies		Ch Ramesh	To get awareness about society and its culture	CLASS ROOM 1	Exposed the society conditions and needs
7	03.02.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Seminar	Self Awareness	Understand ourselves and Increasing self confidence		M Bhagyasheela	Self respect and Individuality	CLASS ROOM 1	Positivity Thinking
8	05.02.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Debate	Role of NGO's in the development of Society	To divide the Trainee Teachers and express their views about NGO's		G Satyananda Reddy	Bringing Awareness about the NGO's Activities	CLASS ROOM 1	Students becomes the volunteerees
9	10.02.2025	1.00 HR.	2.30 PM	3.30 PM	Placement / Career Guidance	Seminar	"Higher Educations and Specializations after B.Ed."	" Educational innovations through higher education & specialized fields		S Anuradha	" To know , higher educations & Specializations after B.Ed".	CLASS ROOM 1	" Will be clarified higher education & specilizations after B.Ed.
10	12.02.2025	1.00 HR.	2.30 PM	3.30 PM	Personality Development / Communication Skill	Seminar	How to develop leadership Qualities	self awareness communication skills Emotional intelligence vision and strategic thinking, decision making.		D Parvathee Pathi	enhance productivity prioritize tasks reduce stress, achieve goals, improve decision making develop discipline	CLASS ROOM 1	improved communication skills increased confidence team collaboration.
11	19.02.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Science Projects	Conducting Science Projects	In Schools Conductinbg different Science projects to enhance the awareness about the science		Ch Ramesh	Students learn to know the science subject and develop scientific attitude	CLASS ROOM 1	It enhance scientific knowledge among the students
12	24.02.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Greeting Card Preparation	Creating greeting card	Preparation of different greeting cards		S Srinivas	To develop the creativity	CLASS ROOM 1	Students will learn the how to create the greeting cards
13	03.03.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Lecture	Reduce Bad Habits	aware & recognition setting clear goals create positive environment replacement behaviors.		D Parvathee Pathi	Enhance overall well beaing improve relationships self descipline build Enhance Emotional on Resilience	CLASS ROOM 1	Improve health self esteem saving growth
14	05.03.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	International day Celebrations	" International women's Day Celebrations".	" Celebrating women's Achievements		S Anuradha	" To understanding women's Achievements".	CLASS ROOM 1	" Understanding women's Achievements".
15	10.03.2025	1.00 HR.	2.30 PM	3.30 PM	Placement / Career Guidance	Seminar	Alternate Career Opportunities for Teachers	Based on the Interest of Students have categorised and express their views		G Satyananda Reddy	To Strengthen the student teachers career	CLASS ROOM 1	Students can recognise the different oppoturnities
16	12.03.2025	1.00 HR.	2.30 PM	3.30 PM	Personality Development / Communication Skill	Demonstration	Emotional Adjustment	Controlling and managing and using emotions		M Bhagyasheela	Inculcating Emotional balancing and Adjustment	CLASS ROOM 1	Emotional Intelligence
17	19.03.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Traditional dresses in India	Equality	Different types of dresses & Cultures in India		P Nagalaxmi	To know the value of equality and culture Tradition	CLASS ROOM 1	Students will Learn the Importance of equality
18	24.03.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Group Discussion	Importance of Girl Child Education	To know the importance of a girl labour who is being educated.		T Gokul Krishna Suri	Literacy count To enhance skills	CLASS ROOM 1	To be empathetic
19	02.04.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Workshop	" A soft skills development workshop in a class room for B.Ed Students	"Empowering Future Educators".		S Anuradha	" To know the enhancing communications, Leadership & Interpersonal skills".	CLASS ROOM 1	Enhancing Interpersonall, Communication & Leadership Skills.
20	07.04.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Group Activity	Moral Stories	Honest, Integrity kindness & compassion performance, respect, tolerance.		D Parvathee Pathi	Ethical values enhance critical thinking personal growth empathy	CLASS ROOM 1	Ethical principles understand & share the feelings.
21	09.04.2025	1.00 HR.	2.30 PM	3.30 PM	Placement / Career Guidance	Awareness Programe	Opportunities after 10th	Employment and Educational opportunities		M Bhagyasheela	Inculcating Dignity of Labour	CLASS ROOM 1	Work is workshop
22	16.04.2025	1.00 HR.	2.30 PM	3.30 PM	Personality Development / Communication Skill	Discussion	Self Confidence among the B.Ed Students	Student group will discuss about self confidence		S Srinivas	To develop the sef confidence	CLASS ROOM 1	student will learn about Self Confidance

23	23.04.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Picture Identification	Child Labour	To know the importance of Education		T Gokul Krishna Suri	To make them aware To analyse the fault conducted by society	CLASS ROOM 1	To make them to know importance of life
24	28.04.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Picture Description	Safety & Health at Work	Student groups will share about the Safety and Health.		P Nagalaxmi	To know the safety rules and how to maintain health at work.	CLASS ROOM 1	student will learn about safety rules
25	09.06.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Seminor	Social issues	Family as a strength		T Gokul Krishna Suri	To know the importance of joint & Small family	CLASS ROOM 1	To know the values & Morals
26	11.06.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Sports	Conducting The Sports	It is mainly to the student of different school students to improve physical and mental health		Ch Ramesh	It make the students me ntally and physically strong and becomes good citizens	CLASS ROOM 1	It gives Physical and mental Dvelopment to the Students
27	16.06.2025	1.00 HR.	2.30 PM	3.30 PM	Placement / Career Guidance	Guidance Programme	How to become a Global Teacher	Conduct the orientationprogramme related to topic		S Srinivas	To know the qualities of Teacher	CLASS ROOM 1	Students will learn how to overcome stage fear
28	18.06.2025	1.00 HR.	2.30 PM	3.30 PM	Personality Development and Communication Skills	Seminar	Angry Management	Ask the students to say their reasons for Angry Situations		G Satyananda Reddy	To Manage the angry in a Postive Manner	CLASS ROOM 1	Students can become balanced personality
29	25.06.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Seminar	Holy Sites in India	Collection of different holy sites pictures		P Nagalaxmi	To know the holy sites in India	CLASS ROOM 1	students will learn about Holy Sites
30	30.06.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	International Day Celebrations	"World Food Safety day Celebrations".	"Ensuring safe / Hygiene food for Healthy Lives".		S Anuradha	" To know the Importance of "Safe Food Today, for a Healthy Tomorrow".	CLASS ROOM 1	Understanding, Skills for the Class room "Promoting Global Awareness on Food Safety".
31	02.07.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Discussion	Role of Parents	Duties and Repponsibilites and Mindset		M Bhagyasheela	To be an Ideal Parents	CLASS ROOM 1	Respecting Parents
32	07.07.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Puzzle Games	Word Building	Connection of words		T Gokul Krishna Suri	To interact with each other	CLASS ROOM 1	To appreciate or to appose some one
33	09.07.2025	1.00 HR.	2.30 PM	3.30 PM	Placement / Career Guidance	Teaching Career	Guidance for Teacher career	It is usefull to the students to increase in interest among teacher career		Ch Ramesh	improve teacher profession and its importance among the students	CLASS ROOM 1	becoming the students to become teachers in their lives
34	14.07.2025	1.00 HR.	2.30 PM	3.30 PM	Personality Development / Communication Skills	Discussion	How to overcome stress at work place	stress relief programmes & games		P Nagalaxmi	To know about how to overcome stress	CLASS ROOM 1	Students will learn how to overcome stress
35	23.07.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Seminar	Seminar on teaching methods and Strategies	Discussionon Teaching Methods		S Srinivas	To Know the teaching methods and techniques	CLASS ROOM 1	Trainees will know the Importance of different methods and stratagies while teaching
36	28.07.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Activity	Games & Sports	To Conduct Games and Sports for their Physical Well being		G Satyananda Reddy	To Make every person has physical well being	CLASS ROOM 1	They can develop Awareness about the importance of Games and Sports
37	04.08.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Yoga Sessions	Conducting Yoga classes to the Students	In school's developing mental, spiritual knowledge among the students		Ch Ramesh	it improve mental, spiritual and memory among the student	CLASS ROOM 1	It develop mental and physica l Qualities and Developoment
38	06.08.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Paticipation of Students	Traditional games of India	Importance of Traditional Games		M Bhagyasheela	Reminding different Traditional Games	CLASS ROOM 1	Enjoyment & Importance of Traditional Games
39	11.08.2025	1.00 HR.	2.30 PM	3.30 PM	Placement / Career Guidance	Career Inventories	How to choose better career in life	Trending career opportunities		P Nagalaxmi	To Know the trending career opportunities	CLASS ROOM 1	Students will learnabout Trending jobs
40	13.08.2025	1.00 HR.	2.30 PM	3.30 PM	Personality Development / Communication Skill	Writing Articles	It Improves Communication Skills	It makes the students as a good writer and poets to make as a profession		Ch Ramesh	It announces the position of societies and persons living in the societies	CLASS ROOM 1	Become the students to be a good authors and poets
41	20.08.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Debate	Science and Technology	To know the technology		T Gokul Krishna Suri	To find a new solution & problem solving	CLASS ROOM 1	Multiple solutions
42	25.08.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Preparation of TLM	Recycling Programme	Students make the paper crafts using waste material		S Srinivas	To know how to use the waste materials	CLASS ROOM 1	Students will learn about socially useful product by waste material
43	01.09.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Nutricious Week	Collection of nutritious food and it's Pictures.	Different types of Nutricious food		P Nagalaxmi	to know the value of nutrition	CLASS ROOM 1	Students will know about nutritious food
44	03.09.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Seminar	Viswaguru Bharath	cultural heritage knowledge and education global leadership social responsibility		D Parvathee Pathi	Promote culture & Heritage Foster Innovation International Relations Empower youth & women	CLASS ROOM 1	Cultural exchange global Recognition Economic Growth Tech-advancement
45	08.09.2025	1.00 HR.	2.30 PM	3.30 PM	Placement / Career Guidance	Drama	Anti Corruption	To act according to Situation		T Gokul Krishna Suri	To know what is importance of money	CLASS ROOM 1	To Eradicate corruption

46	10.09.2025	1.00 HR.	2.30 PM	3.30 PM	Personality Development / Communication Skills	Seminar	"Time Management for Academic success & Professional Development".	" Mastering Time Management".		S Anuradha	" To understand the importance of effective importance of effective time management".	CLASS ROOM 1	" Improved goal achievement
47	17.09.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Seminar	Utilizationof Age and Time	Time use more Timewasteless		M Bhagyasheela	Inculcating Discipline regarding Time	CLASS ROOM 1	Time-Management
48	22.09.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Discussion	Moral Stories (Discussion)	Talks about the Great Personalities		G Satyananda Reddy	To make every Individual has Ideal Person	CLASS ROOM 1	Students can Recognise the values of morals
49	06.10.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Play	Happy Living	Gratitude positive relationships self care mindfulness.		D Parvathee Pathi	Metal well bearing physical health, work life balance, social connection.	CLASS ROOM 1	Growth & learning kindness simplify life optimisation.
50	08.10.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Newspaper Collection	Paper and it's Value	Collection of different newspapers		P Nagalaxmi	to know how the paper will make in industries	CLASS ROOM 1	students will learn how the paper will make
51	13.10.2025	1.00 HR.	2.30 PM	3.30 PM	Placement / Career Guidance	Awareness Programme	Career growth after B.Ed in international level	Collect the Information related to topic		S Srinivas	To know how the career the development programmers are useful	CLASS ROOM 1	Its create Awareness on Opportunities as teacher
52	15.10.2025	1.00 HR.	2.30 PM	3.30 PM	Personality Development / Communication Skill	Speaking skills	Way of speaking	To be able to Observe & Adopt		T Gokul Krishna Suri	To maintain law of Dignity	CLASS ROOM 1	To speak properly
53	27.10.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Seminar	Story Writing	To develop the Techniques which are involved in the story writing		G Satyananda Reddy	To Student Teachers have to become the great writers	CLASS ROOM 1	Trainee Teachers may expert in story writing
54	29.10.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Phisics Club	To Understand Physics and its usefulness	All the different physical Sciences objects are collected and Preserved at one place		Ch Ramesh	Learned all Phkysical Science themes and understand their uses and importance	CLASS ROOM 1	Find different objects at one place and prepare the students to learn
55	03.11.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Awareness programme	Road Safety	To Speak on a Program		T Gokul Krishna Suri	To Eradicate accidents, To be in conscious	CLASS ROOM 1	Save lifes
56	10.11.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Celebrations	"Children's Day Celebrations".	" Stand up for Children's Rights".		S Anuradha	" To know the how to Conducting Children's day Celebrations in future (Schools)".	CLASS ROOM 1	" Increased awareness, how to Conduct the Children's Day Celebrations".
57	12.11.2025	1.00 HR.	2.30 PM	3.30 PM	Placement / Career Guidance	Seminar	How to strong our career	Skill Development goal setting networking		D Parvathee Pathi	Strengthening our career is a continuous journey of self-Improvement comitment.	CLASS ROOM 1	Career growth earning potentiality job security recognition.
58	17.11.2025	1.00 HR.	2.30 PM	3.30 PM	Personality Development / Communication Skill	How to Communicate	Importance of Communication	students groups delvelop the communication		S Srinivas	To know the value of communication	CLASS ROOM 1	Its develops the Communication Skills among the students
59	24.11.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Seminar	Voilence against Women (Inspiring Women)	Seminar on bravery women against violence (Inspiring Women)		P Nagalaxmi	To know the women who fought against the violence	CLASS ROOM 1	students will learn about bravery women
60	26.11.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Practice of Yoga	Importance of Yoga	Importance of Yoga in daily life		M Bhagyasheela	Inculcating Healthy habits regarding yoga	CLASS ROOM 1	Health Awareness
61	01.12.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Discussion	Women Empowerment (Discussion)	Ask the students to say some examples of Women, those who are succeeded in their life Time.		G Satyananda Reddy	To recognise the Women's and their role in the development of Society	CLASS ROOM 1	Appreciate the role of the wormen ain their day to day life
62	03.12.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	voluantaring activities	Participating in National Festivals as a voluantaring activities	To develop the leadership qualities among the students		Ch Ramesh	To develop as a leader and becomes a good organiser and followers	CLASS ROOM 1	Students need to develop habits, participating and guiding to the students
63	08.12.2025	1.00 HR.	2.30 PM	3.30 PM	Placement / Career Guidance	Awareness Programe	Opportunities after Teacher Training	Govt & Private opportunities & employment		M Bhagyasheela	To impart awareness oif different employment oppotunities	CLASS ROOM 1	More Awareness of Opportunities
64	10.12.2025	1.00 HR.	2.30 PM	3.30 PM	Personality Development / Communication Skill	Lecture	Self-Confidence	Belief in one self overcoming self-Doubt Developing skills self-Acceptance.		D Parvathee Pathi	Clear purpose skill Development Behavioral change knowledge sharing.	CLASS ROOM 1	Positive attitudes, leadership Mutual Growth.
65	17.12.2025	1.00 HR.	2.30 PM	3.30 PM	Co-Curricular	Debate	"Home Schooling vs Traditional Schooling".	" Discuss the advantages & disadvantages of Home schooling compared to Traditional school system".		S Anuradha	" To know the effectiveness of personalized, flexible learning environment".	CLASS ROOM 1	" Understand learning Environment VS Structured socialized educational settings
66	22.12.2025	1.00 HR.	2.30 PM	3.30 PM	Extra Curricular	Art	Study Related Art	To Show many arts		T Gokul Krishna Suri	To know the sensitivity of people	CLASS ROOM 1	Sympothy / Empathy